

# Sunrise Canyon Pickleball

November, 2022

Pickleball is a very fast-growing sport in many parts of the country. It provides an opportunity for exercise and friendly recreation, while not being as strenuous as tennis or other sports. So, it is particularly appealing to those who are no longer as flexible or as explosive as they once were. A good primer on pickleball can be found at [The Pickleball Primer \(tennis.com\)](https://www.tennis.com).

A section of the Sunrise Canyon tennis/pickleball court area has been lined off for a pickleball court and there is a moveable pickleball net in the tennis/pickleball court area.

Thanks mostly to Gloria San Angelo, pickleball at Sunrise Canyon is becoming more popular. As of October 2022, there are regular pickleball get-togethers every Tuesday and Saturday morning (at 8:00 a.m. in the warmer months and 9:00 a.m. in the cooler months) in the tennis and pickleball court area. Gloria says some residents would play every morning if they can get four or more players and are open to the idea of playing at other times of the day, including evenings in the warmer months.

If you are new to pickleball and interested in getting more familiar with it, feel free to drop by the pickleball court some Tuesday or Saturday morning, or call Gloria San Angelo at 520-891-4000 (or send her an email at [glosana@comcast.net](mailto:glosana@comcast.net)). For your first pickleball experience, you would likely find someone willing to lend you their paddle and let you use their pickleballs. Don't be afraid of playing like a beginner. Most pickleball players have been beginners within the last year or two, and are enthusiastic about getting others involved in the game.

The following page contains the names of folks who are already playing pickleball, so feel to contact any of them if you'd like to play.

